



**Drikung Namgyal Ling**  
Drikung Kagyu Buddhist Center of Tucson

**\*\*\* CD Order Form \*\*\***

**Seven Point Mind Training**  
**Commentary by Khenpo Sherab Ozer Rinpoche**

This text, *known as lo jong in Tibetan*, discusses mind training, and arrived in Tibet in the eleventh century. One of hundreds of instructions brought to Tibet by Atisha, this particular text was compiled by his student who condensed it into the present form of seven points.

The seven chapters consist of preliminaries, the main practice, how to carry the practice on to the path, the practice of mind training in daily life, the evaluation of mind training, commitment of mind training, and the guidelines of mind training

This wonderful commentary by Khenpo Sherab Ozer Rinpoche, was delivered on February 17/18 and 24/25, 2007 in Tucson, Arizona. The CD Set consists of 16 CDs.

Khenpo Sherab Ozer has devoted his life to serving the Drikung Kagyu lineage. He is known for his crystal-clear, uncompromising presentations of the authentic Dharma and the loving care with which he guides his students. He is an accomplished scholar and a skilled teacher, author, singer, songwriter, and sewer. He maintains an active teaching schedule in America, Europe, and Asia.

**To order:**

Print, complete, and mail the form below, together with your credit card information, or check to:

**Drikung Namgyal Ling**  
**Drikung Kagyu Buddhist Center of Tucson**  
**P.O. Box 44176**  
**Tucson, Arizona 85733**

..... Please cut here and mail. ....

Enclosed is my payment (check) or credit card information for \$125. (\$120. for CDs, \$5. for postage/handling) for the Seven Point Mind Training Teaching, by Khenpo Sherab Ozer Rinpoche. Please send my CD's to:

**[Please print legibly so that we may process your order without delay. Thank you!]**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

**Paying by credit card?:** \_\_\_\_\_ Card Number (Visa/MasterCard/Discover):

Card Expiry Date (MM/DD/YY): \_\_\_\_\_ Name on Card: \_\_\_\_\_